

PECO Cross Country League 2024-25: Race 3 (Middleton Park)
Senior Ladies Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	845	Penty	Becky	York Postal Harriers	F40	29:37	1	Y
2	34	Knowles	Charlotte	Abbey Runners	FSEN	30:02	1	
3	1345	Sinclair	Ruth	Harrogate Harriers & AC	FSEN	30:41	2	Y
4	1247	Martin	Sophie	Wharfedale Harriers	F35	30:55	1	
5	982	Wall	Aisling	Horsforth Harriers	FSEN	31:10	3	
6	796	Whalley	Rebecca	Valley Striders AC	FSEN	31:30	4	
7	43	Nicholls	Jasmine	Abbey Runners	FSEN	31:36	5	
8	205	Ellis	Davina	Harrogate Harriers & AC	F40	31:41	2	
9	627	Lewis	Susan	Roundhay Runners	F45	32:02	1	
10	285	Bell	Coralie	Hyde Park Harriers	FSEN	32:07	6	
11	1244	Hardaker	Hinda	Wharfedale Harriers	F45	32:13	2	Y
12	950	Forrest	Hazel	Harrogate Harriers & AC	FSEN	32:33	7	
13	819	Reeve	Angela	Wetherby Runners AC	F45	32:35	3	
14	956	Robinson	Niamh	Harrogate Harriers & AC	FSEN	33:14	8	
15	35	Kondo	Masako	Abbey Runners	F45	33:25	4	
16	720	Warren	Eleanor	St Therasas AC	FSEN	33:38	9	
17	786	Shanks	Sarah	Valley Striders AC	F40	33:40	3	
18	624	Jackson	Niamh	Roundhay Runners	F40	34:10	4	
19	647	Walmsley	Nicola	Roundhay Runners	F40	34:15	5	
20	340	Ramsden-Young	Amy	Hyde Park Harriers	F35	34:40	2	
21	1363	Ensor	Liz	Wharfedale Harriers	F40	34:44	6	
22	1142	Lilley	Alice	Roundhay Runners	F35	34:45	3	
23	795	Wearing	Hope	Valley Striders AC	FSEN	35:09	10	
24	571	Allard	Lili	Rothwell Harriers & AC	F35	35:12	4	
25	360	Wales	Daisy	Hyde Park Harriers	FSEN	35:13	11	
26	283	Baldry	Honor	Hyde Park Harriers	F35	35:15	5	
27	1186	Muir	Ruth	St Therasas AC	F45	35:16	5	
28	1364	Oakes	Charlotte	York Postal Harriers	FSEN	35:35	12	
29	641	Say	Julia	Roundhay Runners	F50	35:40	1	
30	1358	Traviss-Turner	Gemma	Roundhay Runners	F40	35:42	7	
31	738	Henderson	Nicola	Vale of York Athletic Community	F40	35:49	8	
32	954	Oldroyd	Lucy	Harrogate Harriers & AC	FSEN	36:11	13	
33	15	Cobo	Andrea	Abbey Runners	FSEN	36:15	14	
34	386	Follows	Emily	Kippax & District Harriers	F45	36:27	6	
35	626	Kaars Sijpesteijn	Katie	Roundhay Runners	F40	36:34	9	
36	1063	Aylesbury	Amelie	Nidd Valley Road Runners	FSEN	36:39	15	
37	225	Taylor	Lizzie	Harrogate Harriers & AC	F35	36:46	6	
38	846	Read	Cassie	York Postal Harriers	F35	36:48	7	Y
39	208	Gill	Sarah	Harrogate Harriers & AC	F60	37:01	1	
40	802	Atack	Ellie	Wetherby Runners AC	F35	37:05	8	
41	1130	Wix	Emily	Rothwell Harriers & AC	FSEN	37:05	16	
42	1149	Sunderland	Nicola	Roundhay Runners	F35	37:10	9	
43	749	Adams	Liz	Valley Striders AC	F50	37:10	2	
44	1187	Seddon	Hannah	St Therasas AC	FSEN	37:14	17	
45	269	Lawrence	Becky	Horsforth Harriers	F45	37:15	7	
46	1251	O'Hara	Becki	Wharfedale Harriers	FSEN	37:16	18	
47	855	Hurn	Lucy	York Triathlon Club	F45	37:29	8	

48	20	Fairhall	Sarah	Abbey Runners	FSEN	37:30	19	
49	1288	Forster	Rebecca	Chapel Allerton Runners	F35	37:32	10	
50	158	Lavelle	Anna	Chapel Allerton Runners	FSEN	37:33	20	
51	1279	Ball	Karen	Ackworth Road Runners	F45	37:55	9	
52	309	Gains	Naomi	Hyde Park Harriers	FSEN	38:02	21	
53	1050	Carter	Nicola	Knaresborough Striders	F50	38:04	3	
54	383	Costello	Suzanne	Kippax & District Harriers	F40	38:07	10	
55	152	Hill	Katherine	Chapel Allerton Runners	F35	38:08	11	
56	977	O'Sullivan	Sarah	Horsforth Harriers	F45	38:09	10	Y
57	930	Knapp	Emma	Chapel Allerton Runners	FSEN	38:14	22	
58	28	Hutchison	Kirsten	Abbey Runners	F40	38:17	11	
59	761	Felska	Agnieszka	Valley Striders AC	FSEN	38:20	23	
60	511	Hart	Emma	Otley AC	F45	38:26	11	
61	1141	Iles	Catherine	Roundhay Runners	FSEN	38:32	24	
62	1229	Edmondson	Gill	Wetherby Runners AC	F45	38:38	12	
63	1356	Baiden	Abigail	Rothwell Harriers & AC	FSEN	38:45	25	
64	1075	Oldroyd	Theresa	Nidd Valley Road Runners	F55	38:45	1	
65	765	Gledhill	Steph	Valley Striders AC	F45	38:47	13	
66	672	Noon	Suzanne	Saltaire Striders	F40	38:52	12	Y
67	604	Blakeley	Alyson	Roundhay Runners	F45	38:53	14	
68	62	Ward	Sarah	Abbey Runners	FSEN	38:57	26	
69	308	Foster	Megan	Hyde Park Harriers	FSEN	39:05	27	
70	1360	Normanhenney	Hazel	St Therasas AC	F35	39:09	12	
71	412	Robertson	Susie	Kirkstall Harriers	FSEN	39:11	28	
72	135	Atkinson	Abigail	Chapel Allerton Runners	FSEN	39:16	29	
73	840	Hodson	Natalie	York Postal Harriers	F35	39:20	13	
74	876	Haggas	Sarah	Abbey Runners	F50	39:20	4	
75	836	Campbell	Diane	York Postal Harriers	F50	39:20	5	
76	181	Simpson	Emily	Chapel Allerton Runners	F40	39:28	13	
77	1347	Tregidgo	Lucy	Horsforth Harriers	F35	39:31	14	
78	884	Smith	Alison	Abbey Runners	F50	39:32	6	
79	639	Robinson	Madi	Roundhay Runners	F45	39:37	15	
80	326	Martinson	Emily	Hyde Park Harriers	FSEN	39:46	30	
81	47	Phillips	Laura	Abbey Runners	FSEN	39:51	31	
82	809	Davey	Jo	Wetherby Runners AC	F50	39:53	7	
83	180	Short	Rosemary	Chapel Allerton Runners	FSEN	39:54	32	
84	825	Charlesworth	Sarah	Wharfedale Harriers	F40	39:59	14	
85	1001	Llewellyn	Poppy	Hyde Park Harriers	FSEN	40:02	33	
86	58	Taylor	Katie	Abbey Runners	F35	40:11	15	
87	665	Kaina	Fay	Saltaire Striders	F35	40:20	16	
88	186	Watson	Jessica	Chapel Allerton Runners	F35	40:21	17	
89	261	Fox	Judith	Horsforth Harriers	F55	40:22	2	
90	756	Bugajska	Kinga	Valley Striders AC	F35	40:24	18	
91	674	Preston	Anne	Saltaire Striders	F45	40:26	16	
92	365	Wilson	Chloe	Hyde Park Harriers	FSEN	40:26	34	
93	112	Todd	Julie	Airecentre Pacers	F45	40:26	17	
94	1014	Young	Caroline	Hyde Park Harriers	F35	40:29	19	
95	1052	Fletcher-Markin	Jo	Knaresborough Striders	F45	40:38	18	
96	4	Ashworth	Becky	Abbey Runners	FSEN	40:40	35	
97	1313	Green	Jemima	Vale of York Athletic Community	FSEN	40:42	36	
98	40	Mottley	Bev	Abbey Runners	F55	40:46	3	

99	508	Elliott	Sara	Otley AC	F50	40:49	8	
100	2542	Bennett	Dawn	Vale of York Athletic Community	F45	40:59	19	
101	104	Humphries	Kate	Airecentre Pacers	F35	41:06	20	
102	1291	Stopford	Cheryl	Chapel Allerton Runners	F45	41:07	20	
103	201	Amos	Emma	Harrogate Harriers & AC	F40	41:09	15	
104	848	Sleight	Harriet	York Postal Harriers	FSEN	41:10	37	
105	395	Churm	Lucy	Kirkstall Harriers	F45	41:12	21	
106	1153	Young	Claire	Roundhay Runners	F40	41:12	16	
107	1010	Siswick	Fleur	Hyde Park Harriers	FSEN	41:17	38	
108	215	Moul	Sue	Harrogate Harriers & AC	F55	41:22	4	
109	902	Scully	Andrea	Ackworth Road Runners	F50	41:22	9	
110	781	Reid	Carol	Valley Striders AC	F40	41:27	17	
111	1154	Bond	Claire	Saltaire Striders	F45	41:27	22	
112	77	James	Rose	Ackworth Road Runners	F45	41:30	23	
113	658	Gardner	Becky	Saltaire Striders	FSEN	41:30	39	
114	1348	Chambers	Bethany	Hyde Park Harriers	FSEN	41:41	40	
115	959	Gibbs	Claire	Harrogate Tri Club	F50	41:46	10	
116	1017	Malir	Sally	Ilkley Harriers	F60	41:49	2	
117	824	Zamir	Michelle	Wetherby Runners AC	F45	41:53	24	
118	1341	Vamplew	Lucy	Ackworth Road Runners	F40	41:59	18	
119	194	Davies	Lisa	Dragons Running Club (Leeds)	FSEN	42:01	41	
120	534	Hair	Emily	Pudsey & Bramley AC	F45	42:11	25	
121	1199	Newall	Eva	Vale of York Athletic Community	FSEN	42:16	42	
122	467	Holleran	Christine	Nidd Valley Road Runners	F60	42:22	3	
123	823	Warner	Emma	Wetherby Runners AC	F45	42:26	26	
124	217	Reeves	Charlotte	Harrogate Harriers & AC	F40	42:38	19	
125	157	Knowles	Tessa	Chapel Allerton Runners	FSEN	42:41	43	
126	1012	Williams	Ellie	Hyde Park Harriers	FSEN	42:42	44	
127	1013	Yarwood	Frankie	Hyde Park Harriers	FSEN	42:44	45	
128	288	Bonnett	Lucy	Hyde Park Harriers	FSEN	42:51	46	
129	55	Scott	Katharine	Abbey Runners	F45	43:00	27	
130	187	Wheatley	Bekki	Chapel Allerton Runners	F40	43:02	20	
131	512	Hart	Isabel	Otley AC	FSEN	43:04	47	
132	622	Hewson	Abbey	Roundhay Runners	FSEN	43:14	48	
133	581	Gray	Debbie	Rothwell Harriers & AC	F45	43:15	28	
134	710	Macdonald	Wanda	St Therasas AC	F60	43:18	4	
135	266	Jacob	Marie	Horsforth Harriers	F45	43:22	29	
136	852	Elliott	Sarah	York Triathlon Club	FSEN	43:23	49	
137	273	Payling	Sophie	Horsforth Harriers	F35	43:24	21	
138	245	Shepherd	Tanya	Horsforth Fellandale	F35	43:29	22	
139	790	Sunderland	Sue	Valley Striders AC	F60	43:30	5	
140	891	Cooke	Rachel	Ackworth Road Runners	F55	43:31	5	
141	713	O'Hara	Joanne	St Therasas AC	F55	43:35	6	
142	1183	Johnson	Laura	St Therasas AC	F40	43:36	21	
143	787	Smedley	Rachel	Valley Striders AC	FSEN	43:48	50	
144	316	Jewers	Sarah	Hyde Park Harriers	FSEN	43:50	51	
145	293	Carter	Jenny	Hyde Park Harriers	FSEN	43:51	52	
146	381	Alderson	Michelle	Kippax & District Harriers	F40	43:54	22	
147	247	Bisset	Louise	Horsforth Harriers	F50	44:00	11	
148	1169	Nash	Louise	Saltaire Striders	F55	44:11	7	
149	1280	Edwards	Amber	Ackworth Road Runners	FSEN	44:12	53	

150	13	Chantrill	Sarah	Abbey Runners	F50	44:18	12	
151	675	Prosho	Lisa	Saltaire Striders	F60	44:24	6	
152	448	Wilkinson	Paula	Knaresborough Striders	F55	44:36	8	
153	970	Kingston	Naomi	Horsforth Fellandale	FSEN	44:45	54	
154	49	Roden	Helen	Abbey Runners	F50	44:47	13	
155	964	Turcan	Lizzie	Harrogate Tri Club	FSEN	44:51	55	
156	5	Ashworth	Kathryn	Abbey Runners	F50	44:53	14	
157	1350	Kitchen	Diane	Ilkley Harriers	F65	45:00	1	
158	97	Wrangles	Gail	Ackworth Road Runners	F50	45:01	15	
159	1061	Aspin	Bev	Nidd Valley Road Runners	F45	45:02	30	
160	389	Holland	Samantha	Kippax & District Harriers	F35	45:02	23	
161	708	Longfellow	Emma	St Therasas AC	F45	45:05	31	
162	1160	Fletcher	Harriet	Saltaire Striders	F50	45:08	16	
163	815	Foster	Ann	Wetherby Runners AC	F50	45:19	17	
164	384	Durkin	Linda	Kippax & District Harriers	F60	45:21	7	
165	102	Dougan	Lorna	Airecentre Pacers	F45	45:25	32	
166	96	Wigglesworth	Rose	Ackworth Road Runners	F45	45:26	33	Y
167	435	Harrop	Emma	Knaresborough Striders	F60	45:32	8	
168	183	Sweetman	Amy	Chapel Allerton Runners	FSEN	45:35	56	
169	935	Parrini	Sally	Chapel Allerton Runners	F50	45:46	18	
170	302	Edwards	Amber	Hyde Park Harriers	FSEN	45:51	57	
171	1250	Milner	Anne	Wharfedale Harriers	F55	45:58	9	
172	348	Smith	Victoria	Hyde Park Harriers	F35	46:01	24	
173	1228	Callan	Christine	Wetherby Runners AC	F60	46:02	9	
174	88	Smith	Emma	Ackworth Road Runners	F50	46:11	19	
175	69	Anderson	Emily	Ackworth Road Runners	FSEN	46:20	58	
176	464	Gibson	Debbie	Nidd Valley Road Runners	F60	46:22	10	
177	73	Brown	Bev	Ackworth Road Runners	F50	46:23	20	
178	898	Owen	Emily	Ackworth Road Runners	FSEN	46:23	59	Y
179	175	Roy	Sonia	Chapel Allerton Runners	F55	46:25	10	
180	192	Burden	Hannah	Dragons Running Club (Leeds)	F40	46:36	23	
181	681	Turner	Alice	Saltaire Striders	FSEN	46:37	60	
182	701	Hacker	Tanya	St Therasas AC	F45	46:39	34	
183	1030	Hague	Christine	Kippax & District Harriers	F35	46:40	25	
184	1162	Gibbons	Mary	Saltaire Striders	F35	46:47	26	
185	804	Bell	Valerie	Wetherby Runners AC	F55	46:51	11	
186	1163	Gibson	Michelle	Saltaire Striders	F60	46:52	11	
187	584	Harrison	Sue	Rothwell Harriers & AC	F65	46:52	2	
188	111	Thomson	Eleanor	Airecentre Pacers	F45	46:57	35	
189	289	Brooks	Chloe	Hyde Park Harriers	FSEN	47:02	61	
190	408	Mclarnon	Shevonne	Kirkstall Harriers	F50	47:05	21	
191	334	Noyes	Helen	Hyde Park Harriers	F60	47:10	12	
192	1298	Manning	Jenny	Nidd Valley Road Runners	F50	47:17	22	
193	1135	Cooper	Harriet	Roundhay Runners	F35	47:18	27	
194	17	Cohen	Lucy	Abbey Runners	F50	47:25	23	
195	769	Kara	Leila	Valley Striders AC	F60	47:27	13	
196	782	Sabourn	Jillian	Valley Striders AC	F55	47:32	12	
197	976	Knight	Gini	Horsforth Harriers	F65	47:32	3	
198	882	Sarsfield	Ruth Elizabeth	Abbey Runners	F55	47:36	13	
199	972	Barnett	Nicola	Horsforth Harriers	F50	47:37	24	
200	64	Whittaker	Liz	Abbey Runners	F60	47:46	14	

201	274	Proctor-Clarke	Abigail	Horsforth Harriers	FSEN	47:47	62	Y
202	443	Morley	Sue	Knaresborough Striders	F65	48:07	4	
203	789	Starks	Isobel	Valley Striders AC	FSEN	48:09	63	
204	371	Jacques	Helen	Ilkley Harriers	F60	48:25	15	
205	869	Ullah	Pippa	York Triathlon Club	FSEN	48:47	64	
206	963	Turcan	Gill	Harrogate Tri Club	F55	49:14	14	
207	633	Nurse	Helen	Roundhay Runners	F55	49:25	15	
208	821	Thomas	Kate	Wetherby Runners AC	F45	49:35	36	
209	572	Ballinger	Lauren	Rothwell Harriers & AC	F40	49:41	24	
210	1357	Rush	Isla	Roundhay Runners	FSEN	49:49	65	
211	325	Long	Hannah	Hyde Park Harriers	FSEN	49:53	66	
212	1248	Mc Aleavy	Clare	Wharfedale Harriers	F50	49:56	25	
213	167	Owen	Kath	Chapel Allerton Runners	F40	49:57	25	
214	210	Holden	Kim	Harrogate Harriers & AC	F60	49:57	16	
215	668	Love	Helen	Saltaire Striders	F65	50:07	5	
216	619	Gabriel	Kate	Roundhay Runners	F60	50:09	17	
217	706	Jefferys	Suzette	St Therasas AC	F35	50:17	28	
218	336	Prust	Jane	Hyde Park Harriers	F65	50:35	6	
219	53	Salih	Jasmine	Abbey Runners	F50	50:41	26	
220	722	Wright	Amy	St Therasas AC	F40	50:43	26	
221	1369	Delucchi	Madeleine	Otley AC	F65	50:44	7	
222	762	Fotherby	Pascale	Valley Striders AC	F45	50:48	37	
223	401	Hipkiss	Vicki	Kirkstall Harriers	F55	50:56	16	
224	896	Macklam	Debbie	Ackworth Road Runners	F55	51:08	17	
225	858	Leech	Katherine	York Triathlon Club	F40	51:10	27	
226	174	Ross	Heather	Chapel Allerton Runners	F50	51:13	27	
227	620	Gibson	Lindsey	Roundhay Runners	F45	51:26	38	
228	240	Addison	Dianne	Horsforth Fellandale	F60	51:39	18	
229	445	Skeer	Katrina	Knaresborough Striders	F65	51:41	8	
230	2548	Tombs	Gail	Ackworth Road Runners	F70	51:46	1	
231	130	Stead	Sydney	Bradford Airedale AC	FSEN	51:47	67	
232	514	Hey	Helen	Otley AC	F50	51:58	28	
233	417	Taylor	Samantha	Kirkstall Harriers	F35	52:06	29	
234	147	Hancock	Lois	Chapel Allerton Runners	FSEN	52:32	68	
235	362	Watkinson	Nicki	Hyde Park Harriers	F50	52:38	29	
236	866	Sellars	Gillian	York Triathlon Club	F55	52:44	18	
237	1139	Higgins	Jenny	Roundhay Runners	F65	52:57	9	
238	140	Evans	Tara	Chapel Allerton Runners	FSEN	53:04	69	
239	695	Fletcher	Lynn	St Therasas AC	F70	53:12	2	
240	373	Lofthouse	Kate	Ilkley Harriers	F60	53:18	19	
241	806	Callaghan	Melanie	Wetherby Runners AC	F60	53:25	20	
242	986	Bolton	Amber	Hyde Park Harriers	FSEN	53:26	70	
243	93	Turner	Sarah	Ackworth Road Runners	F40	53:42	28	
244	983	Waterhouse	Fiona	Horsforth Harriers	F45	54:12	39	
245	9	Bastin	Katie	Abbey Runners	FSEN	54:25	71	
246	133	Allen	Elizabeth	Chapel Allerton Runners	F55	54:29	19	
247	106	Keighley	Carole	Airecentre Pacers	F60	54:52	21	
248	72	Berry	Wendy	Ackworth Road Runners	F60	54:56	22	
249	343	Sendula	Andrea	Hyde Park Harriers	FSEN	54:56	72	
250	1037	Newbould	Rebekah	Kippax & District Harriers	F50	54:58	30	
251	886	Tsolchovska	Mihaela	Abbey Runners	FSEN	55:19	73	

252	526	Patchett	Lesley	Otley AC	F60	56:18	23	
253	71	Barton	Debbie	Ackworth Road Runners	F55	57:24	20	
254	94	Walker	Ruth	Ackworth Road Runners	F40	57:24	29	
255	82	Middleton	Carol	Ackworth Road Runners	F60	57:34	24	
256	67	Allan	Catherine	Ackworth Road Runners	F45	57:35	40	
257	101	Darnbrough	Dorothy	Airecentre Pacers	F65	58:05	10	
258	2544	Pal	Marrieanne	Vale of York Athletic Community	F40	58:38	30	
259	162	Lowson	Lindsay	Chapel Allerton Runners	F55	59:03	21	
260	1184	Levitt	Julie	St Therasas AC	F50	59:28	31	
261	298	Donnelly	Chrissy	Hyde Park Harriers	F55	59:35	22	
262	1032	Harley	Kirsty	Kippax & District Harriers	F40	59:43	31	
263	899	Owen	Melanie	Ackworth Road Runners	F45	1:00:04	41	
264	74	Eaton	Sue	Ackworth Road Runners	F55	1:00:04	23	
265	81	Mckinnell	Amanda	Ackworth Road Runners	F65	1:00:04	11	
266	817	Hullah	Sharon	Wetherby Runners AC	F65	1:00:47	12	
267	694	Fallon	Lynne	St Therasas AC	F70	1:02:17	3	
268	333	Neugebauer	Sharron	Hyde Park Harriers	F60	1:02:19	25	
269	1239	Steeves	Elizabeth	Wetherby Runners AC	F60	1:02:48	26	
270	57	Smith	Judith	Abbey Runners	F70	1:05:02	4	
271	1036	Mckee	Ruth	Kippax & District Harriers	F35	1:06:38	30	
272	380	Adlam	Eileen	Kippax & District Harriers	F60	1:07:09	27	
273	1365	Crossley	Hannah	York Triathlon Club	FSEN	1:07:41	74	
274	317	Johnson	Robyn	Hyde Park Harriers	F35	1:08:05	31	